

# Milton's Golden Gazette

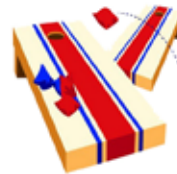
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An e-letter published by the City of Milton Senior Program

## 2021 Senior Indoor Picnic

May  
18<sup>th</sup>

11 a.m.  
to 2 p.m.



**Games! Food! Music! Fun!**

**CLYDE L. GRACEY COMMUNITY CENTER**

The Milton Parks Department will provide  
hamburgers, hot dogs, chips,  
cookies and beverages.

Space is Limited so please  
RSVP by May 14th

For more information call 983-5466



### Monday

8:45 am - Tai Chi  
9 am - Beginning Bridge  
9 am - Game Time  
10 am - Zumba Gold<sup>®</sup>  
1 pm - Bridge

### Tuesday

9 am - Pickleball  
9 am - Yoga<sup>®</sup>  
10:30 am - Chair Yoga<sup>®</sup>

### Wednesday

8:45 am - Tai Chi  
9 am - Artist  
10 am - Senior Wellness  
11 am - Pickleball

### Thursday

9 am - Pickleball  
1 pm - Bingo

### Friday

9 am - Pickleball  
9 am - Game Time  
9 am - Yoga<sup>®</sup>  
10:30 am - Chair Yoga<sup>®</sup>  
1 pm - Pickin' & Grinnin'

### Saturday

10 am - Zumba Gold<sup>®</sup>  
**Monthly Events**  
Lunch and Learn - the  
first Wednesday of  
each month at 11 am.

Karaoke - the first  
Wednesday of each  
month at 1:30 pm.

To keep up with events  
at the Clyde L. Gracey  
Community Center visit  
[www.miltonfl.org/205/  
Senior-Citizens-Program](http://www.miltonfl.org/205/Senior-Citizens-Program)